

## Cranbrook Family – Here for each other!

4th February 2021

### Money Saving Expert Updates

	Amazon Warehouse – get returned items or mildly damaged products for knock-down prices 21 January 2021
	10-piece Lottie London cruelty-free make-up bundle for £19 all-in (£50ish bought separately) 19 January 2021
	Meerkat trick: Spend £2ish to get 2for1 at cinemas AND restaurants for a year 19 January 2021
	20 tricks to access 1,000s of free e-books & audiobooks 18 January 2021
	NHS and care worker staff freebies & discounts 15 January 2021

[Click Here!](#)

[Resource/Website](#)

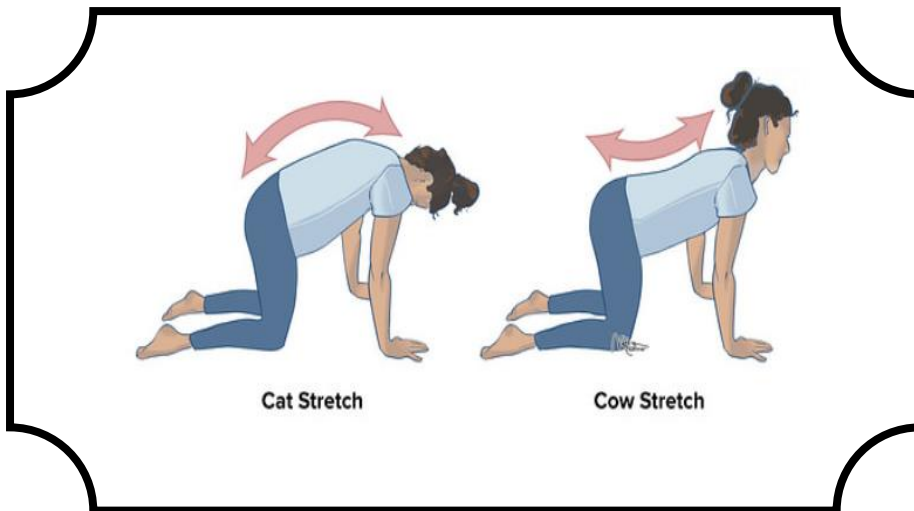
Employee Assistance Programme

0800 028 0199 – 24 Hour Confidential Helpline

[Website](#)



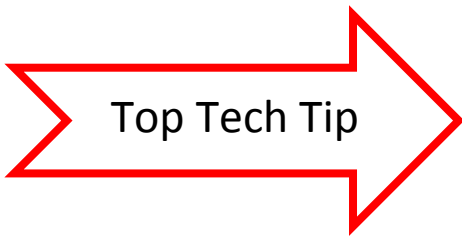
### Yoga/Exercise/Health



[Technology and Terminology](#)

Fun and Flicks?

Snowpiercer on Netflix



Headspace App – Free and Subscription Service. Available on Android and Apple.