

SAFEGUARDING NEWSLETTER



SUMMER 2022 – Issue 4

Latest advice for Parents and Carers

Welcome to the fourth edition of our new monthly newsletter that will keep you up to date with essential information regarding safeguarding. For our third issue, we will be focussing on Peer on Peer abuse. Please remember that if you ever have a safeguarding concern regarding your child, or indeed another child, you can always speak to a member of our school's safeguarding team.

Headteacher: Jas Leverton

Designated Safeguarding Lead: Kimberly McKoy

Deputy Safeguarding Officer/ Mental Health Lead: Cassim Bana

Designated Lead for Looked After Children: Darshan Kaur

Governors with Safeguarding Responsibility: Sonia Gable and Marie Segal

What is mental health?

We all have mental health. Your mental health affects how you feel, think and act. It refers to your emotional, psychological and social wellbeing. Your mental health can change on a daily basis and over time and can be affected by a range of factors.

How can I help my child?

Parenting Smart is a hub of short, useful articles written by Place2Be's parenting experts. Each article, aimed at parents of children aged 5 to 11, shares practical advice on a number of different topics. Click on the images below for a short video and a quick read on the topic in each caption:

Raising a resilient child

2 min video
6 min read

Read now

Helping your child develop a positive body image

7 min read

Read now

Playing with my child

2 min video
6 min read

Read now

Useful Links

[How to set up your child's new devices](#)

[Parental control step by step guide](#)

[The 6 apps and services that every parent should know about](#)

[Tips for Playing Games Online](#)

[PEGI Age Ratings](#)



Cyber Sprinters

Young people are growing up in an increasingly digital world, exposing them to both the opportunities and risks of the internet. CyberSprinters empowers them to make smart decisions about staying secure online.

The **digital game** can be played on phone, tablet and desktop, and is supported by a suite of activities to be led by educational practitioners working with 7-11 year olds. Parents and carers can also try the CyberSprinter **puzzles** with their children at home! Click The image below:



Is TikTok safe for children?

The **NSPCC** have created a news article discussing if TikTok is safe for children and provides an overview of how to keep your child safe on TikTok using their safety settings.

Click the image to read the article:



TikTok have also created a Guardian's Guide designed to provide an overview of TikTok and the tools click the image below to access:



Safeguarding & Our Curriculum

At Cranbrook Primary School we would like all of our children, irrelevant of their context, to feel safe, secure and happy, so that they can voice their feelings and have the resilience to overcome barriers to their learning and become confident, successful and responsible citizens. Our school is committed to Safeguarding and promoting the welfare of all of its pupils. We recognise that some children may be especially vulnerable to abuse and that children who are abused or neglected may find it difficult to develop a sense of self-worth, to view the world in a positive way or achieve academically. We will always take a considered and sensitive approach in order to support all of our pupils.

What is Safeguarding?

Safeguarding is the action that is taken to promote the welfare of children and protect them from harm. Safeguarding children and child protection guidance and legislation applies to all children up to the age of 18.

Safeguarding means:

- Protecting children from abuse and maltreatment
- Preventing harm to children's health or development
- Ensuring children grow up with the provision of safe and effective care
- Taking action to enable all children and young people to have the best outcomes.

Child protection is part of the safeguarding process. It focuses on protecting individual children identified as suffering or likely to suffer significant harm. This includes child protection procedures which detail how to respond to concerns about a child.

Contact

As a resident or a professional in Redbridge, you may have concerns about a child's welfare or safety. Any concerns should be reported by contacting Children's Social Care:

Tel: 020 8708 3885

E-mail: CPAT.referrals@redbridge.gov.uk

During the evening or at weekends, please call the Emergency Duty Team on 020 8708 5897.

If a child is in immediate danger, please call the police on 999.

MEGA MIX

The 'MegaMix' is this summer's programme run by Redbridge offering a variety of affordable taster sessions to children aged 8-16. This includes swimming, going to the cinema, digital workshops, playing sports and much more for only £1

These sessions can be viewed and booked here:

<https://visionrcl.org.uk/holidaymix/megamix/>

Be Internet Legends

At Cranbrook primary School, we want children to become Internet Legends. With the help of Google's Internet Legends programme, we want children to become confident and safe in exploring the digital worlds around them. To make the most of the internet, children need to make smart decisions. Be Internet Legends empowers younger children to use the web safely and wisely, so they can be confident explorers of the online world.

The Internet Legends Code

The Internet Legends Code encompasses five areas that children need to understand in order to become safe and independent users in the digital world.



Think Before You Share

I will thoughtfully consider what I share and with whom, and keep extra-sensitive information to myself (such as my home address, current location, or other people's business).



Check it's For Real

I will watch out for phishing and scams, and report questionable activity every time.



Protect Your Stuff

I will take responsibility for protecting important information by crafting strong and unique passwords with characters, numbers, and symbols.



Respect Each Other

I will spread positivity and use the skills I have learned to block and report negative behaviours.



When in Doubt, Discuss

I will use my voice when I notice inappropriate behavior and seek out a trusted adult to discuss situations that make me uncomfortable. Because that's what it takes to be a safe and fearless explorer of the online world.

Interland

Click the image below to be taken to an interactive world that will test your Internet Legend skills!



Parent Resources

Online safety activities for the whole family (see the attached PDF)